



Patient Instruction Sheet

If you are scheduled for a screening mammogram on the mobile mammography unit, you must be female, 35 years of age or older, never have had breast cancer and have no current breast symptoms.

Before Your Appointment

Please select an appointment time with your site coordinator. You must obtain a copy of the Mammography Questionnaire from your site coordinator when you schedule your appointment. Please complete the questionnaire and return this to your site coordinator as soon as possible. **Don't forget to include your doctor's full name and phone number on the questionnaire.**

Please verify your insurance coverage and obtain a physician referral if required by insurance or age 80 or older prior to your appointment.

Instructions For The Day of Your Appointment

Please report promptly to the mobile unit at your scheduled appointment time in order to ensure the privacy of each patient. Your mammography exam will take about 15 minutes.

Please bring your **insurance card and ID** with you to your appointment. It is your responsibility to contact your insurance company if you have any questions about insurance coverage. If you are not filing insurance, you will be responsible for payment and will be billed by both the hospital and by the radiologist. You may inquire about our Mammography Assistance Program prior to your appointment by calling (864) 560-6144 if you need assistance in paying for your mammogram.

We require a written order for women age 80 and older to perform your mammogram, however we encourage all women to obtain one if possible and bring it with you to your appointment.

Mammography Exam Preparation: Wear a two-piece outfit and do not apply any deodorant, lotions, perfume or powders to the breast or underarm area. When you arrive for your appointment, the receptionist will have you sign forms. You will be taken to the dressing room, given a cape and asked to undress from the waist up. The technologist will take two routine views of each breast. Afterward, you will dress and return to your daily activities.

Exam Results: You will receive your mammography results by letter from Bearden-Josey Center for Breast Health within two to four weeks from your exam date. Follow any instructions in your result letter. If you do not receive your mammography result letter within 30 days, please notify us by calling (864) 560-6186. Patients with abnormal results will be contacted by phone and letter. Your referring doctor will also receive a written report within 7-10 days of your exam date. If you have an active My Chart account with Spartanburg Regional Hospital System you will receive notification when your results have been finalized and are available for review.

Patients who are "self-requesting" name the physician to whom they want the interpreted report sent. We will mail the report to the physician. Be aware that some physicians will not accept the patient report if they did not request the mammogram.

Patients who "self-refer" because they do not have a physician will receive both the interpreted report and a lay letter of their results.

Please keep this sheet with you as a reminder of your appointment.

Please call Kristy Hun at (864) 560-6400 with any questions.